

For Immediate Release:

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Bright Horizons Therapeutic Riding Center invites you for an Open House and Student Horse Show

NEWPORT, OREGON -May 17, 2017

Join us on May 27th, 2017 10:00am to 2:00pm for an Open House and Student Horse Show. You will be able to tour our facility; meet our equine therapist, our dedicated staff and volunteers. Watch and cheer on our riders as they show off skills they have mastered. There will be a raffle for some great prizes, a bake sale and a snack bar.

For more information please call Amy @ 541-961-4156

About: Bright Horizons Therapeutic Riding Center

Bright Horizons is a therapeutic riding center that was founded in 2004. Bright Horizons is both a 501 (c) (3) non-profit organization and Professional Association of Therapeutic Horsemanship, International (PATH Int'l) Premier Accredited Center. P.A.T.H. is a membership organization that fosters safe, professional, ethical and therapeutic equine activities through education, communication, standards and research. Bright Horizons operates utilizing PATH guidelines and teaching standards.

Bright Horizons Therapeutic Riding Center takes a team-oriented approach to providing its programs targeted at disabled children and adults. A dedicated and committed Board of Directors, an Executive Director and a P.A.T.H. certified instructor work together with a network of service providers and volunteers in a concerted effort to instill our core values of empathy, empowerment, human dignity and the right to self determination. Genuine healing takes place in a safe environment of tolerance and understanding where assets are tapped, potentials realized and deficiencies forgotten.

Therapeutic riding provides individuals of varying ability levels opportunities to challenge themselves physically and emotionally and to set goals to improve their quality of life via the horse. Recognized by the American Occupational Therapy Association and the American Physical Therapy Association, equine facilitated therapy provides a valuable adjunct to traditional forms of therapy. Equine assisted activities have shown remarkable success in meeting the complex needs of program participants. Benefits may include gains in balance, posture, and mobility. A person's gait is similar to that of a horse giving many riders the opportunity to experience this type of normal movement for the first time while on a horse.

Bright Horizons' "equine therapists" and certified instructor enable riders to achieve their goals through carefully designed equestrian activities. These programs have been shown to measurably improve physical, psychological and social functions especially among children. Studies have documented significant gains in self-esteem among adolescents and disabled children who participated in equine assisted therapy.

For more information about Bright Horizons Therapeutic Riding Center visit us online at www.brighthorizonsriding.org.