



Bright Horizons THERAPEUTIC RIDING CENTER

Founded in 2004, Bright Horizons is a 501(c)(3) non-profit organization. We are a Professional Association of Therapeutic Horsemanship International (PATH) member facility with an active Board of Directors, staff, and dedicated volunteers. Amy Cline is our Executive Director and Morgan Matteson is our PATH-certified instructor. Both Amy and Morgan have extensive horse experience. Together with the rest of the Bright Horizons team, they work to deliver quality programs guided by the Bright Horizons mission statement.

Our mission is to improve the physical and emotional wellbeing of individuals and their families through therapeutic equestrian activities built on professionalism and trust with a focus on community education, communication and teamwork.

We are located at Walker Farms, two miles east of Siletz, Oregon. The facility includes a 10-stall barn with a heated viewing room, tack room and covered 100' X 100' riding arena. We also have access to an outdoor arena and outdoor riding trails, in addition to pasture turnout for the horses.

Horses are either donated or leased to Bright Horizons. Before a horse can be accepted into our program, each potential "equine therapist" is carefully screened and evaluated for soundness, temperament, health and smoothness of gaits by the program director during a rigorous 30-60 day trial period. Only horses deemed appropriate are admitted as Bright Horizons Program horses. We currently have four full-time equine therapists. Sweetie, Elska, Juli and Louie, together with several part-time horses, are all willing partners who work diligently to give each rider the best experience possible. They team with each rider to help them achieve their goals and make their riding experience both positive and enjoyable. Come experience Bright Horizons for yourself.

Contact us at info@brighthorizonsriding.org

Board of Directors

JEANNINE BRUCHA
THERESA WISNER
ALAN REYNOLDSON
MICHELLE PARTRIDGE

Staff

AMY CLINE, EXECUTIVE DIRECTOR
amy@brighthorizonsriding.org

MORGAN MATTESON, PATH-CERTIFIED INSTRUCTOR



Bright Horizons THERAPEUTIC RIDING CENTER

P.O. BOX 565 • SILETZ, OREGON 97380
Barn located at Walker Farms
1925 East Logsdan Road • Siletz, Oregon 97380

brighthorizonsriding.org

Phone: 541-961-4156

Email: info@brighthorizonsriding.org



Bright Horizons THERAPEUTIC RIDING CENTER



Expanding Horizons For All Riders



PATH
INTERNATIONAL

Professional Association of Therapeutic
Horsemanship International

*Ensuring excellence and changing lives
through equine-assisted activities and therapies*

How Can You Help?

Rider tuition only covers a small portion of what it takes to deliver our Riding Programs. We are in constant need of financial and in-kind donations as well as human resources to enable us to provide high-quality services for our riders. There are many ways that you can help support the Bright Horizons community.

SPONSOR A HORSE

\$2,500 will take care of an individual horse's expenses for a full year. Upkeep includes farrier services, hay and grain, nutritional supplements and veterinarian services. Partial sponsorships are available.

SPONSOR A RIDER

Many of our riders are limited by their ability to afford the tuition for each session. We have a scholarship program for income eligible riders and you can sponsor an eligible rider for a session or a full year. Enhance someone's life with your generous donation.

VOLUNTEER

This is your chance to work with the horses and riders directly or contribute away from the barn if you prefer. Either way, volunteers are an essential part of Bright Horizons. Contact our Volunteer Coordinator by email at volunteer@brighthorizonsriding.org.

Leader: Your primary responsibility is the horse. Leaders generally have previous horse experience.

Side walker: Your primary responsibility is taking care of the rider. Depending on the level of need, a rider can require one or two side walkers.

You do not need to have horse experience to participate as a side walker. We'll train you in the Bright Horizons method, using PATH standards.

Barn Help: If you prefer to work directly with the horses but cannot make the scheduled class times, you can volunteer to assist in taking care of the barn with stall cleaning duties and other barn tasks.

Professional Skills: Do you have a professional skill you would like to contribute? We need legal, accounting, marketing, and grant-writing skills, among others.



MAKE A DONATION

We gratefully accept any and all cash or in-kind (materials, feed, grain etc.) donations. You can send a check or visit us on [Facebook](#) and use [PayPal](#) to send your tax-deductible contribution.

The Benefits of Equine-Assisted Therapy

Therapeutic riding is based on the beneficial movement of the horse. The soothing rhythm, strength, warmth, and three-dimensional movement pattern of the horse provides beneficial exercise. Forming a partnership with a thousand-pound animal can offer a tremendous sense of freedom and independence to a disabled rider and can promote feelings of trust and self-confidence in all riders. Students participate in small group or individual lessons supervised by a PATH-certified therapeutic riding instructor.



Our students include children and adults who have a variety of special needs as well as able-bodied riders. Therapeutic riding has been shown to benefit those who are challenged by:

- Autism
- Cerebral Palsy
- Developmental Delay
- Head & Spinal Cord Injury
- Stroke
- Down's Syndrome
- Attention-Deficit Disorder
- Visual/Hearing Impairment
- Muscular Dystrophy
- Multiple Sclerosis

Riders achieve improvements in overall muscle tone, strength, flexibility, coordination and balance. Other benefits include increased cognitive function and improvements in sensory integration. Additional positive outcomes are improved language and social skills, greater confidence, plus enhanced levels of trust and self-efficacy.

Therapeutic riding reduces anxiety and provides riders with a sense of empowerment. Disabled riders often experience independence in a unique way: they are able to control a 1,000-pound animal!

They also develop an awareness of being part of a team as they learn skills and participate in a recognized sport – many for the first time. All riders grow in self-esteem which they take back into their own worlds when they leave Bright Horizons.



Join Our Team!

- I am interested in volunteering
- I would like to make a tax-deductible donation
- I am interested in sponsoring a horse or rider
- I am interested in riding at Bright Horizons
- Add me to your e-mail list
- I would like to arrange a speaker for my group

Name _____

Address _____

Phone _____

Email _____

Send To:



Bright Horizons
THERAPEUTIC RIDING CENTER

P.O. BOX 565 • SILETZ, OREGON 97380

To see our most recent newsletter, and for information on class schedules, costs, and

registration, visit our website:
brighthorizonsriding.org

or call us at 541-961-4156

“Like” us on Facebook!